



Walk Wisely Proverbs 25:28

Check out one of these helpful resources:

How to Read Proverbs – Tim Mackie: <https://bit.ly/4ebfv2h>

Proverbs: The Art of Wise Living – Francois Lamprecht: <https://bit.ly/3yP6wnl>

God's Wisdom for Navigating Life Devotion – Timothy Keller: <https://bit.ly/4aLw41T>

Allow God to speak to you through his written Word. The goal of this time is to have quality connection and time together. Choose questions from Know, Grow, and Show that will best help your group discuss the passage and take their next steps of faith. Don't feel like you need to use all the questions. Feel free to add your own too! We are praying for you as you lead your D-Group this week!

KNOW (Build Relationships)

- Think of a city with no walls where you would be able to just walk right in with no protections. What was the value of having walls around a city?
- What visuals or word pictures come to mind when you read "a man without self-control is like a city broken into and left without walls"?
- When has a lack of self-control caused issues or regret in your life?
- What are some areas where you struggle with self-control (eating, spending, etc.)?
- How has too much or too little self-control impacted your work or daily routines?
- Do you find it harder to have self-control after a long, physical day of work? Why? How does stress from your job impact your ability to exercise self-control?
- What temptations make it hardest for you to have self-control as a young person?
- How has your ability to exercise self-control changed as you've aged?



GROW: (Grow Spiritually)

- Why is self-control so crucial according to Proverbs 25:28? What are the consequences lacking it?
- Read Proverbs 16:32. How does controlling our spirit relate to self-control? Why is this so valuable?
- Read Galatians 5:22-23 - How is self-control described here as a fruit of the Spirit? Why is it listed last? What does this reveal about our ability to have true self-control?
- The only way we can truly have self-control is by God's doing His work in our lives through applying His Word and listening to the Spirit. How do you respond to this statement?
- Proverbs 16:32 says, "Whoever is slow to anger is better than the mighty, and he who rules his spirit than he who takes a city." How does this apply to your work life?
- Self-control isn't automatic for anyone. It's a trainable, spiritual discipline that when cultivated enables greater effectiveness. How have you experienced this truth?
- Read 1 Corinthians 10:13. How does God provide a way to have self-control even in tempting situations? How can God's promises in this verse help us exercise self-control?
- John Calvin cautioned: "the human heart is a perpetual factory of idols." How can the pursuit of comfort become idolatry?
- Tim Keller says: "*Self-control is not something you do for yourself biblically. In fact, self-control only comes when you want something more than yourself*". How does a relationship with Jesus produce self-control in the believer?
- Desiring more than we have is our natural tendency. How can submitting to God's ways satisfy our longings?
- Why do you think self-control is so important according to this proverb? What can happen without it?



SHOW: (Live on Mission)

- What's one area you need to exercise more self-control in? How can this group encourage you?
- Is there a habit or discipline you can put into practice this week to build more self-control?
- How can we as a group create "walls" of healthy boundaries to protect important areas of life?
- Who can you invite into your life to provide godly accountability to grow in self-control?
- What's one way you can die to yourself and submit to God's will over your desires this week?
- Is there a pleasure or entertainment in your life that needs more boundaries put around it?
- How can we pray for each other to have the Spirit's fruit of self-control produced more in our lives?